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### Program Completions: A Daughter's Perspective



Clients who arrive at Downtown Medical commonly report that their exposures have left them both fatigued and irritable—so much so that their quality of life away from work is suffering.

Firefighter Dan Duddy, recently retired after a full career with FDNY, was a member of the elite Rescue 1 unit at the time of the WTC attacks. The first heavy rescue unit in FDNY—and the U.S.—“R-1” was created in 1915 to handle the most dangerous fires in the city.

Members are not only professional firefighters, but are capable of operating at building collapses, skilled at rigging, shoring, confined space operations, elevator rescues, subway and train incidents, automobile accidents and dive jobs (SCUBA), and are HART (High Angle Rope Technician) certified. R-1 responds to aircraft emergencies at LaGuardia and Kennedy International Airports; members are trained for shipboard firefighting and many are haz-mat certified.

After he completed the program, Duddy's daughter wrote the person who had sponsored her father's treatment, describing the changes she had noticed. Some excerpts:

“Long after he stopped working at Ground Zero he was still greatly affected by it, as were so many. In the past few months especially, it was very obvious that he was not feeling good. Mentally and physically he seemed very worn down, sluggish, and sad. This was unusual because my dad is known for his great energy, strength, and motivation. At times he had so much of it, it could get annoying!

“Recently, it looked like he had aged so much in such a short time. Right before he began the detox program, he gravely told me and my mother that he was feeling very ill and that there was a good chance he would be getting very sick within the next couple of years. This was awful to hear, especially coming from such a positive person. My father was always one to downplay any illness or pain, barely even mentioning it...

“Then he began the detox program and with each day he became more positive, uplifted, and hopeful. The first words out of his mouth each evening were about what he had experienced at the program that day. We were all so happy to see this great change, and he said that he was beginning to feel physically better.

“He told us about all these awesome changes he was experiencing. His senses became stronger, he gained back his appetite, he was sleeping better, gaining energy and the desire to do things he had always enjoyed but had stopped doing. He felt his muscles strengthening, his lungs repairing, and his attitude changing. It was amazing.

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“It was unbelievable to see such a drastic, positive transformation in him in such a short period of time! And when he completed the program, he said he felt “normal, back to his old self.” What a great thing to hear!...

“You gave us our dad back, you helped give one brave guy his health back. We are so thankful and grateful to you!

“When the terrorists hit The World Trade Center, their hatred and negativity rippled outward in a domino effect, hurting and damaging so many people and so much life. But through kindness and love, we can start to reverse that affect and counter what took place that day. I am so proud and happy that people like you have decided to work towards repairing those damages. Your goodness has also rippled outward, touching and healing so many people in such a beautiful way. You will never see all of the positive ways you have affected so many people by doing this. But I hope that you will never forget how grateful we are.”

### Project Co-Founder: Tom Cruise



When actor Tom Cruise saw the toxic cloud moving across Manhattan, he knew that L. Ron Hubbard’s detoxification program would be important to the recovery effort. Long known for his involvement in environmental issues, Cruise played an essential role in the establishment of Downtown Medical, the first center in New York City exclusively focused on making detoxification available to firefighters and rescue workers. In the process, he personally ensured the funding of the center’s immediate capital and operating needs.

As the project’s co-founder, Cruise receives regular briefings from project staff, and corresponds with firefighters he has met at the clinic. During a recent inspection (pictured above), he spent several hours talking to program participants about their gains from detoxification. “These men and women risked everything to bring stability back to the city,” he said. “I wanted to know that something effective was being done to ensure they can continue to enjoy their lives and their families.”

### Funding Appeal

At present, the demand for treatment exceeds the project’s ability to deliver. A number of project supporters are engaged in fundraising efforts, with the aim of greatly increasing delivery capacity in the near term. Please feel free to share this update with others that may be interested in supporting the project, and restoring quality of life to the heroes of September 11.

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